The International Code of Conduct for Men in the 21st Century

Whereas God created man and woman as joint heirs of His creation (Genesis 1:27);
Whereas each man today came from a woman who gave a part of her life for his life
(1 Corinthians 11:12);
Whereas we are all one in Christ Jesus (Galatians 3:28);

I make this commitment before God that...

I REJECT unconditionally all violence against women and children.

I REJECT the buying of sex with women and children.

I WILL intervene when I see a man physically abusing a woman.

I WILL NOT physically abuse my wife or partner.

I WILL INTERVENE when my male colleagues, friends, or family belittle or degrade women.

I RECOGNIZE prostitution as harmful to women and will do everything I can to see the end of it.

I REJECT the buying of pornography, recognizing it as sexual exploitation.

I WILL NOT BUY products that advertise by exploiting women’s bodies when it has nothing at all to do with the product.

I WILL NOT visit clubs and bars that exploit women through ‘exotic’ dancing.

I WILL NOT BUY newspapers and magazines that advertise sexual services.

I REJECT all forms of sexual harassment, including wolf whistling, sexual insinuations, and unauthorized physical contact.

I WILL INTERVENE when my male colleagues, friends, or family engage in sexual harassment.

I WILL RESPECT my female colleagues and partners as equals.

I RECOGNIZE decision-making at home is about equality and partnership.

I WILL ENCOURAGE other men to adopt and live by this code, including teaching it to my children.