Meet our speaker: Stacey Womack

Since 1997, ARMS Founder and Director Stacey Womack has dedicated herself to building community awareness about domestic abuse through programs she has developed as well as outreach through radio, television, newspapers, luncheons and seminars. Stacey incorporates her knowledge from leading victim recovery groups, batterer intervention and secondary aggression groups, giving a full and balanced approach to dealing with domestic violence.

Stacey has written and developed much of the materials used in the ARMS programs. Her dedication and determination has grown a small "grass roots" endeavor into a strong organization that has done much to end the cycle of abuse for thousands of women, men and youth.
Leadership Training

February 21, 22, 23
Thursday—Friday
8:30am—5:00pm
Saturday 8:30am—3:30pm

Location:
Changing Pointe
903 Lindy Lane
Yakima, WA 98901

$60 registration fee includes:
Lunch & Training materials

Register by February 18, 2013
509-484-0600 or 866-262-9284
admin@armsonline.org

Do You Feel Called to Help End Domestic Abuse?

ARMS is looking for Christian women who feel called to facilitate domestic abuse victim recovery classes in their area.

Voluntary Her Journey leaders conduct weekly recovery groups in confidential locations for women who are—or were—in abusive relationships. Leaders who partner with ARMS watch God transform the lives of the women we serve, helping them to believe in their value and make healthy choices for themselves and their family.

The training will be offered in English, but women may lead classes in either English or Spanish.

Completing the training provides an opportunity for participants to apply to be ARMS leaders.

The training will cover:
- History, mission and heart of ARMS
- All 15 Her Journey classes
- “Do’s and don'ts” of working with victims
- Socialization of men & women
- Technology safety risks
- Effects on children who witness abuse
- Leader qualifications and Responsibilities
- And much more

For more information about Her Journey, please visit our website: www.armsonline.org

Suggested accommodations:

Quality Inn
12 E Valley Mall Blvd.
Yakima, WA 98903
509-248-6924

Best Western
2408 Rudkin Road
Yakima, WA 98903
509-248-9700

For more information about Her Journey, please visit our website: www.armsonline.org
(This training is not for victims who are currently working through their healing.)